



[Register](#) [1] to receive event updates and last minute changes.

August 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
29	30	31	1	2	3 Riverside Harriers [4] 06 00 am 20KM R50 Get Directions [6] View Route [7]	4
5	6	7	8	9	10 Dormehl Phalane Property - Gillits [9] 06 00 am 20KM R50 View Route [11]	11
12	13	14	15	16	17 Beti & Co - Westville [12] 06 00 am 20KM R50 View Route [14]	18
19	20	21	22	23	24 Coffeeberry Cafe [15] 06 00 am 21KM R50 Get Directions [17] View Route [18]	25
26	27	28	29	30	31 Shanny's Playschool - La Lucia [19] 06 00 am 21KM R50 View Route [21]	1

Source URL:<https://www.belovedlongruns.co.za/calendar/month/2024-08>

Powered by: [Blue Sky Solutions](#)

Links

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<https://www.belovedlongruns.co.za/calendar/event/riverside-harriers-2024-08-03-040000> [5]
<https://www.belovedlongruns.co.za/calendar/event/riverside-harriers-2024-08-03-040000?width=300px&height=50%25&inline=true#colorbox-inline-1181848002> [6] <https://goo.gl/maps/sP3q9YwWUm32> [7]
https://za.mapometer.com/running/route_5540512.html [8] <https://www.addthis.com/bookmark.php?v=300> [9]

<https://www.belovedlongruns.co.za/calendar/event/dormehl-phalane-property-gillits-2024-08-10-040000> [10]
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https://za.mapometer.com/running/route_5541731.html