



[Register](#) [1] to receive event updates and last minute changes.

September 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28	29	30	31	1	2	3
					Home Bru-Umhlanga [4] 06 00 am 20KM R50 View Route [6]	
4	5	6	7	8	9	10
					THE LAZY MOOSE RESTAURANT [8] 05 30 am 25KM R50 Get Directions [10]	
11	12	13	14	15	16	17
					Hillcrest to the Beach [11] 05 00 am 33KM R50 View Route [13]	
18	19	20	21	22	23	24
					Cranehower Coffee Kloof [14] 05 30 am 25KM R50 Get Directions [16] View Route [17]	
25	26	27	28	29	30	1
Open Skies Kloof [18] 06 00 am 5KM, 10KM, 15KM R50 View Route [20]					Love2run -Shallcross [21] 05 30 am 25KM R50 View Route [23]	

Source URL: <https://www.belovedlongruns.co.za/calendar/month/2023-09>

Powered by: [Blue Sky Solutions](#)

Links

[1] <https://members.belovedlongruns.co.za/register> [2] <https://www.belovedlongruns.co.za/calendar/month/2023-08>
 [3] <https://www.belovedlongruns.co.za/calendar/month/2023-10> [4]
<https://www.belovedlongruns.co.za/calendar/event/home-bru-umhlanga-2023-09-02-040000> [5]
<https://www.belovedlongruns.co.za/calendar/event/home-bru-umhlanga-2023-09-02-040000?width=300px&height=50%25&inline=true#colorbox-inline-16752416> [6] https://za.mapometer.com/running/route_5477143.html [7]
<https://www.addthis.com/bookmark.php?v=300> [8]

<https://www.belovedlongruns.co.za/calendar/event/lazy-moose-restaurant-2023-09-09-033000> [9]
<https://www.belovedlongruns.co.za/calendar/event/lazy-moose-restaurant-2023-09-09-033000?width=300px&height=50%25&inline=true#colorbox-inline-1889322239> [10]
https://www.bing.com/maps?&ty=18&q=lazy%20moose%20restaurant&ppois=-30.239431381225586_30.7830753326416_lazy%20moose%20restaurant_~&cp=-30.239431~30.783075&lvl=15&v=2&sV=1 [11] <https://www.belovedlongruns.co.za/calendar/event/hillcrest-beach-2023-09-16-030000> [12]
<https://www.belovedlongruns.co.za/calendar/event/hillcrest-beach-2023-09-16-030000?width=300px&height=50%25&inline=true#colorbox-inline-353306578> [13] https://za.mapometer.com/running/route_5340115.html [14]
<https://www.belovedlongruns.co.za/calendar/event/craneflower-coffee-kloof-2023-09-23-033000> [15]
<https://www.belovedlongruns.co.za/calendar/event/craneflower-coffee-kloof-2023-09-23-033000?width=300px&height=50%25&inline=true#colorbox-inline-2013421945> [16] <https://g.page/craneflowercoffee?share> [17]
https://za.mapometer.com/running/route_5481717.html [18]
<https://www.belovedlongruns.co.za/calendar/event/open-skies-kloof-2023-09-25-040000> [19]
<https://www.belovedlongruns.co.za/calendar/event/open-skies-kloof-2023-09-25-040000?width=300px&height=50%25&inline=true#colorbox-inline-338782040> [20] https://za.mapometer.com/running/route_5477349.html [21]
<https://www.belovedlongruns.co.za/calendar/event/love2run-shallcross-2023-09-30-033000> [22]
<https://www.belovedlongruns.co.za/calendar/event/love2run-shallcross-2023-09-30-033000?width=300px&height=50%25&inline=true#colorbox-inline-2085569276> [23] https://za.mapometer.com/running/route_5481213.html